



Refurbishment, moves and changes

Marlowe House, Metropolitan Police, Sidcup

Highlights

The Metropolitan Police place a lot of importance on the fitness and training of their officers, and knew they could trust in Axis to install a high-end gym and dojo in their training facility at Marlowe House.

The project was part of a four year construction and refurbishment contract, and our task was to completely strip and refurbish a space that had once been an office.

We started by running structural investigations, then moved onto stripping out the suspended ceilings, removing redundant partition walls, pulling up the flooring, taking down an existing kitchen and carrying out minor building repairs. Once the space had been taken back to a shell, we were able to get started on design and installation elements, including fire compartmentation of the rooms and ceiling, mechanical and electrical features, rewiring, LED lighting, air conditioning and ventilation.

Specifications

- Commercial refit
- Repairs and decorations
- Fabric installation
- Mechanical and electrical
- Floors, ceilings and walls
- Fire compartmentation

£400,000 value
12 weeks duration



The space was then transformed into an impressive gym and dojo complete with bleep test tracks, work-out area, changing room and showers. Officers were delighted to have a new training facility, and we were happy at getting a good job done on time.



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